



We preserve nature's gifts

Ardo Carrots Sliced - Crinkle Cut

4230

Premium quality sliced crinkle cut carrots for superior convenience.

- * Free from additives.
- * Free from preservatives.
- * Suitable for vegans.
- * Source of fibre.

Ideal for:

Cafes, restaurants, QSR, clubs, hotels, catering, hospitals, canteens and institutions.

Certifications:

HACCP Certified. GMO Free.



Product Information

Code	Product	Units/Carton
4230	Ardo Carrots Sliced - Crinkle Cut 22/28	2.5kg x 4 (10kg)

Nutrition Information

Servings per pack: 25
Serving size: 100g

	Avg Qty per serving	Avg Qty per 100g
Energy	117kJ	117kJ
Protein	0.6g	0.6g
Fat -Total	0.4g	0.4g
-Saturated	0.1g	0.1g
Carbohydrate	4.3g	4.3g
Sugars	4.1g	4.1g
Fibre	2.3	2.3
Sodium	58mg	58mg

Ingredients: Carrots (100%)

Allergens: None

Cooking Instructions Cook Before Consumption

Method 1 (Preferred preparation method)

Stove Top: Place the frozen vegetables in boiling water and bring back to boil. Frozen vegetables do not need to be cooked for as long as fresh since they are par cooked. Drain and season to taste.

Method 2

Microwave: Put the desired quantity of product in a microwave bowl, cover and cook, stirring well.

Method 3

Fry Pan: Heat 1 - 2 tablespoons vegetable oil in a frying pan. Put the desired quantity of product in the frying pan and cook at medium heat stirring well

Storage: Keep frozen at or below -18°C

Frozen Shelf Life: 2 Years from production

Chilled Shelf Life: Not recommended

Product of Belgium





We preserve nature's gifts

Ardo Carrots Sliced - Crinkle Cut

4230

Packaging

Packaging Configuration **2.5kg x 4 (10kg)**

Inner:

Outer:



Packaging Type: Printed Food Grade Plastic Bag

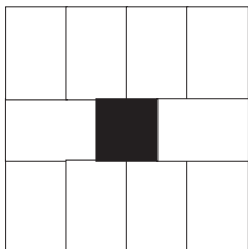
Barcode: 5411361080030

Packaging Type: Cardboard Carton

Barcode: 05411361001905

Dimensions: 390mm(L) x 260mm(W) x 215mm(H)

Pallet Configuration



10B1

10 Cartons per layer

5 Layers per pallet

50 Cartons per pallet